

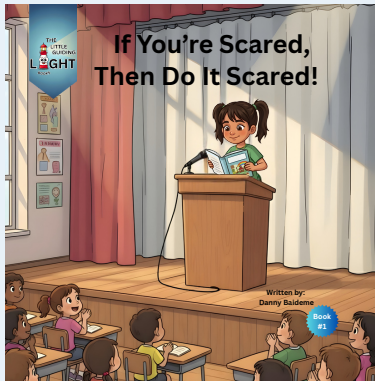
Little Guiding Light Books SEL Series

NOW ALSO AVAILABLE IN SPANISH

SOCIAL-EMOTIONAL LEARNING PICTURE BOOKS WRITTEN IN PLAYFUL, RHYTHMIC VERSE.



PRE-K THROUGH GRADE 6 (AGES 4–12)



Book #1:
If You're Scared, Then Do It Scared!

Every child faces moments that feel too big, too scary, or too uncertain - a new school, a first performance, standing up for a friend. If You're Scared, Then Do It Scared!

Hardcover ISBN: 978-1-972395-00-4

Paperback ISBN: 978-1-972395-03-5

BISAC Codes :
JUV039050 - Social Themes / Emotions and Feelings
JUV039140 - Self Esteem and Self Reliance
JUV 039090 - New Experience



Book #2:
The Girl Who Saved One

A beautifully illustrated story about the power of small acts of kindness. With its empowering message and relatable scenarios. Helping educators spark real conversations about bravery, resilience, and the power of trying even when it's hard.

Hardcover ISBN: 978-1-972395-01-1

Paperback ISBN: 978-1-972395-02-8

BISAC Codes :
JUV039300 - Kindness
JUV039050 - Social Themes / Emotions and Feelings
JUV 039140 - Self Esteem and Self Reliance



Book #3:
The Thoughts That You Think

Teaching negative versus positive self chatter because what we say to ourselves matters and recognizing those around us also have big thoughts. Using wisdom to know sometimes our brain says things to ourselves that just aren't true, "I'm Ugly, I'm Stupid," and to be prepared with positive self affirmations.

Hardcover ISBN: 978-1-972395-10-3

Paperback ISBN: 978-1-972395-11-0

BISAC Codes :
JUV039100 - Social Themes / Peer Pressure
JUV039220 - Social Themes / Values & Virtues
JUV057000 - Stories in Verse



Book #4:
But It's Just An Apple

Following the trends? This apple goes VIRAL! We all see them come and go. Even the famous 6-7. This book teaches kids to think before they follow the crowd. This story gives children the courage to think for themselves when crowds move blindly.

Hardcover ISBN: 978-1-972395-08-0

Paperback ISBN: 978-1-972395-09-7

BISAC Codes :
JUV039050 - Social Themes / Emotions & Feelings
JUV015030 - Health & Daily Living / Mental Health
JUV057000 - Stories in Verse

CASEL-ALIGNED SEL THEMES

Self-Awareness

Recognizing your power to make a difference

Relationship Skills

Friendship, teamwork, and inspiring others

Self-Management

Initiative and perseverance through challenges

Responsible Decision-Making

Choosing to act even when it feels hopeless

Social Awareness

Empathy and compassion

CURRICULUM ALIGNMENT

Teaching Strategies GOLD®

Professional Teacher's Guide included — aligned to GOLD® objectives for K-6th Grades.

Teacher's Guides

Available with **FREE** discussion questions, activities, and lesson plans ready to use.

Why This Book Belongs in Your School

Character Education

CE

Builds leadership skills, empathy, kindness, and compassion through a relatable story children connect with emotionally.

Counselor Ready

CR

A go-to read-aloud for small groups, classroom guidance lessons, and conversations about doing what you can to move forward.

Discussion Driven

DD

Sparks meaningful conversations about peer pressure, friendship, courage, and the ripple effect of one act of kindness.



Little Guiding Light Books

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Our goal is to help kids find their courage and know they have control over their words, actions, and thoughts.



Written by:
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